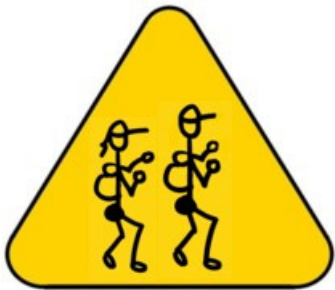


Une année sympathique

A Full Hike and Cycle Trip



Lucille et Benoit Verbaere





Project Summary

- Who ?
 - Lucille and Benoit, **Benelu**
- What ?
 - Round the world « gap year »
 - Hiking (1,500 km) Cycling (10,000 km)
- Why ?
 - Grow up ...
 - Do things we may not be able to do as easily in a near future
 - ... Come back older and stronger
- When ?
 - From September 1st, 2004 [...] till October 1st, 2005
- Where ?
 - 13 months, 13 countries



Benelu: Together

- Met at school in 1997
- Wedding:
 - April 17th, 2004 in Les Contamines (Haute Savoie)
- Projects already completed:
 - Lived 6 months in Boulder (CO, USA)
 - Long distance bike rides (France, Ireland, Norway)
 - Autonomy in sea kayaking round Mediterranean Islands (Formentera)
 - 500+ km overall d+ together on Mountain tracks
 - USA, Nepal (6000m)
 - Switzerland, France (Alps, Corsica, Reunion)



Benelu: Who we are ?

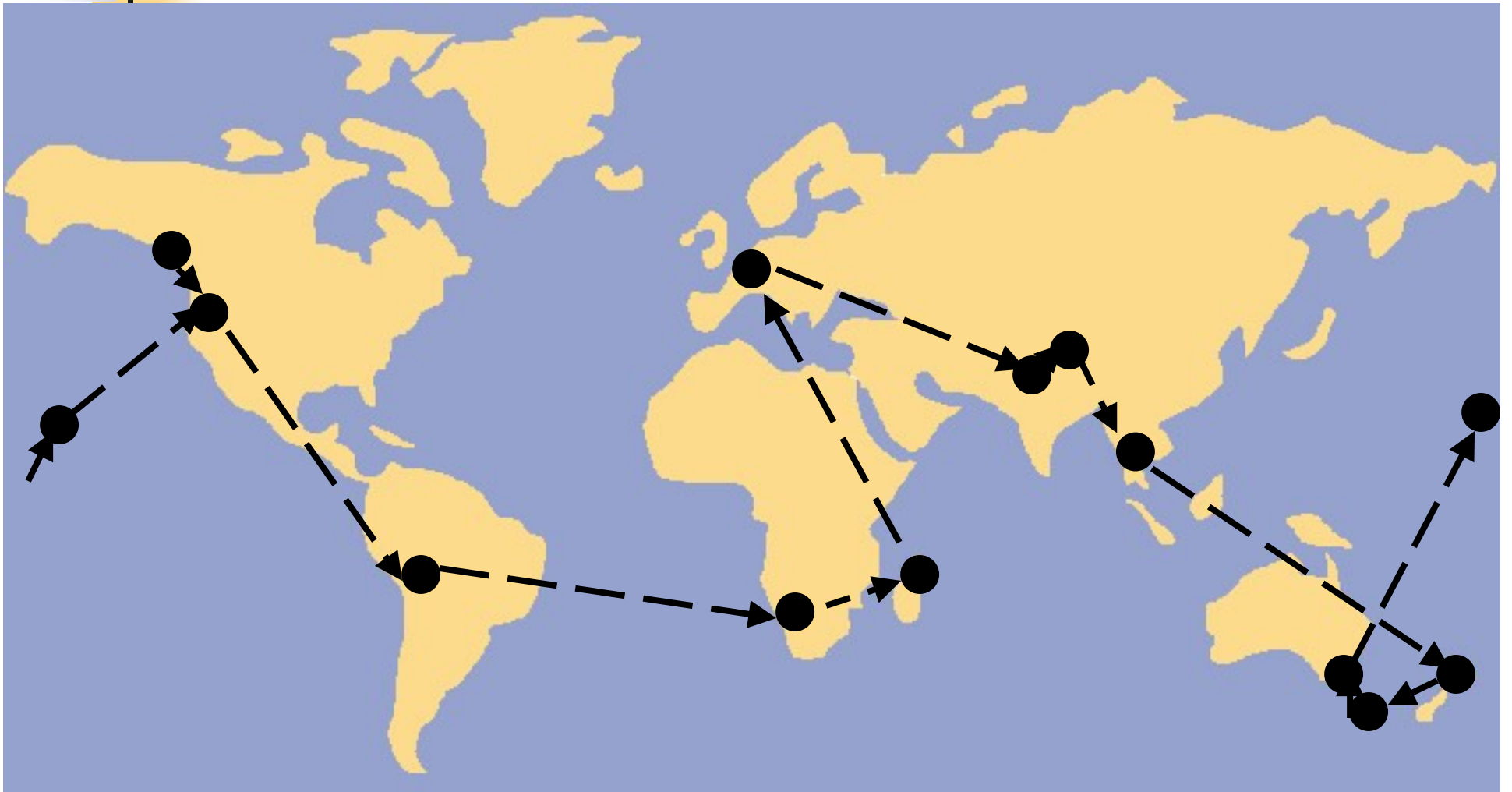
- Lucille, 27y (LU)

- Telecom Engineer
- RnD Engineer @ ST Microelectronics
- Fluent in English and French
- Activities:
 - Photo and Read
 - Lead Mountain Groups
- Sports:
 - Climbing, Skiing, Cycling, Hiking
- Role next year:
 - Admin, Health, Pictures and Words

- Benoit, 26y (BEN)

- Telecom Engineer
- Project Manager @ Equant (FT Group)
- Fluent in English and French
- Activities:
 - Create
 - Manage Sports Projects (ski club, events, competitions)
- Sports:
 - Skiing, Cycling, Hiking
- Role next year:
 - Mechanic, Logistics, Sounds, Computing

Round the World: Where will we go ?





Where will we go ?

■ Asia

- Northern India
- Nepal-Tibet
- Southern India
- Myanmar

■ Pacific

- New Zealand
- Australia
- Tasmania

■ North America

- Hawaii
- Alaska
- Canada

■ South America

- Bolivia

■ Africa

- Namibia
- Madagascar

Why? When? Optimized Route Planner

- RTW Airplane ticket & climate constraints

	Ladakh	Tibet	Myanmar	New Zealand	Tasmania	Australia	Hawaii	Canada	Alaska	Bolivia	Namibia	Madagascar	
2004 July	+						+		++	++			July
August	++						+		+	+			August
September	+					++	+			+			September
October	+	++	++			+				+			October
November		++	++										November
December		+	++	+	+	+							December
2005 January		+	++	+	+	+							January
February		+	++	+	+	+							February
March		++	++			+							March
April		++				++	+			+			April
May	+					+	+	+		+	++		May
June	+						+		++	++	+		June
July	+						+		++	++	+	+	July
August	++						+		+	+	+	+	August
September	+									+	+	++	September
October	+	++								+		++	October



Activities (Eyes Charity)

- « Eyes-charity »:

Shield Your Eyes While on the Slopes

Experts say good ski goggles are a must

SUNDAY, Dec. 28 (HealthDayNews) -- When you're ready to hit those ski slopes this winter, be sure to keep your eyes from going downhill.

Intense sunlight and highly reflective snow can combine to cause temporary snow blindness or increase your risk of such eye problems as cataracts or macular degeneration, according to the British Columbia Association of Optometrists.

Snow blindness, or sunburn on the eye, is a painful condition that's caused by ultraviolet (UV) exposure, wind and dry winter air. Most of the eye damage caused by UV radiation happens over time, and can't be reversed.

- Glasses: 1 elderly person with glasses = 1 kid in school
- Sun glasses against macular degeneration and snow blindness



Activities (Medias)

- Pictures:
 - One Digital Camera, One 35mm Camera
 - Large shooting of traditional bikes and hikes
 - Publish a calendar: 1 month = 1 country visited
- Sounds:
 - Pro Microphone + Minidisc
 - Record 5-10 year-old kids' songs
- Words:
 - Pre-Travel articles
 - Extensive Post-Travel articles communication
 - Adventure magazines (<http://www.expemag.com>)



Activities (Asia)

- India (Ladakh)
 - Cycling Leh-Padum.
 - Hiking the Zaskar valley.
 - Cycling Manali-New Dehli.
- Tibet:
 - Cycling from Chendu to the border of the forbidden Tibet.
- Myanmar:
 - Visit!



Activities (Pacific)

- New Zealand:
 - Hiking Tongariro National Park in Rotorura
 - Climbing Mount Cook
 - Cycling North Island
- Australia:
 - Discovering Sydney + Blue Mountains
 - Cycling along the Great Barrier Reef
 - Hiking the Overland Track in Tasmania
- Hawaii:
 - Hiking Volcanoes National Park
 - Hiking Kauai and sea kayaking the Na Pali Coast



Activities (Americas)

- **Alaska-Canada:**
 - Landing in Seattle, Cycling Vancouver Island, heading to Prince Rupert via Jasper (estimated 3,000+ km)
 - Ferry from Prince Rupert to Juneau
 - Discovering Alaska
- **Bolivia:**
 - Cycling Salar de Uyuni
 - Hiking Cordillera Real, including a 6,000m+ summit (ex. Huayna Potosi)



Activities (Africa)

- **Namibia:**
 - Sandboarding the Great Sand Dunes
 - Etosha National Park
 - Hiking in Brandberg
- **Madagascar:**
 - Hiking Tsingy de Bemaraha National Park
 - Visiting (4x4) Isalo (Canyons), Andringitra (Big Walls) climb Boby Peak
 - Basic Diving (Beg. Level) near Diego Suarez





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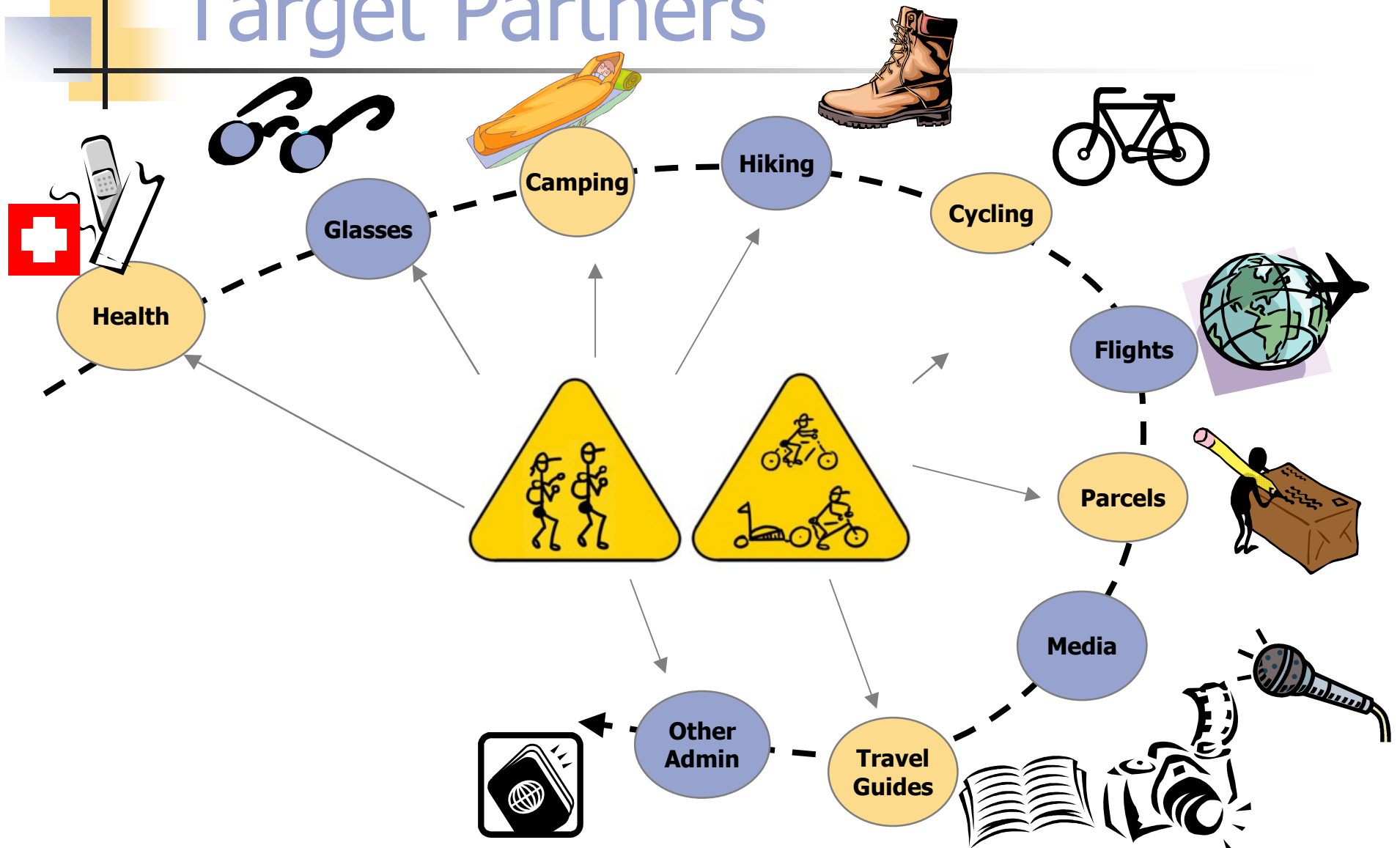




Project Funding

- Costs include :
 - Round The World Ticket
 - One World TBC
 - Books + Preparation
 - Travel Guides
 - Health, Visa
 - Pharmacy, Visas
 - Sports Items
 - Bikes, Bike bags
 - BackPacks, Shoes
 - Tent (our House), Stove (our Kitchen)
 - Every Day life
 - Guest House, Food
 - Medias
 - Internet
 - Photos
 - Sounds
 - Other Administrative constraints
 - Mover, Flat in Geneva
- Funded by:
 - Wedding list
 - Personal savings
 - **Partnerships**
 - ...

Target Partners





Objective Recap

- Personal Development Plan for 2004-2005
 - Grow up in a multicultural environment, seeing the places of our dreams
 - Travel 1 year
 - Come back older and stronger as individuals and as a couple...
 - ... and work again in a place we love, doing a job we enjoy.



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Visit our website

- <http://uneanneesympathique.free.fr/>